



Mountain State Centers for Independent Living
Skills Development Class

The Importance of Managing Your Money: Sample Budget

Here is a sample of what your budget might look like if your monthly take home pay is \$1,500 with a list of potential expenses. Use this as a worksheet to help you create your own budget.

	Sample	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year Total
Monthly Income (after taxes)	\$1,500													
Expenses														
Rent	500													
Utilities														
Gas	20													
Electric	50													
Water	20													
Phone	50													
Cable	50													
Other _____														
Other _____														
Other _____														
Food/Groceries	100													
Loans/Payments														
Car	40													
School														
Other _____														
Other _____														
Insurance														
Health	100													
Dental														
Car	50													
Home														
Other _____														
Other _____														
Medical Costs														
Prescriptions	70													
Other _____														
Other _____														
Transportation														
Gas/Parking	50													
Other _____														
Other _____														
Other Expenses														
Other _____														
Other _____														
Other _____														
Other _____														
Other _____														
Entertainment (Spending Money)	200													
Savings	200													