



Walk for Independence 2010

Saturday, July 17, 2010 - 9 a.m.
Ritter Park, Huntington, WV

Team Captain Commitments

- Choose a team name
- Recruit team members
- Set a team donation goal
- Encourage team members
- Register team and distribute t-shirts to team members
- Registration the day of the Walk is 8 am. Come early to get team organized and turn in any additional money.
- Have fun!

Team Captain will:

- Provide pledge sheets for all team members
- Encourage and support team members
- Provide completed Team Information and Team Roster form to MTSTCIL on or before June 28
- Provide all team completed pledge sheets, along with collected pledge monies on T-Shirt Distribution Day, Tuesday, July 13

T-Shirt DEADLINE – June 28, 2010

Provide Team Roster **by June 28** in order to guarantee receiving t-shirts on T-Shirt Distribution Day. The number of t-shirts provided will be based on each team member raising a **minimum of \$25.00**. Teams raising a minimum of \$200.00 **MUST** have the \$200.00 turned in **by June 28** in order to have their name on the back of the t-shirt.



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T-Shirt Distribution Day – July 13, 2010

Provide completed Team Pledge Sheets and donation monies on Registration Day, Tuesday, **July 13 between 1 p.m. and 6:30 p.m.** at Mountain State Centers for Independent Living, 821 Fourth Avenue, Huntington or 329 Prince Street, Beckley. T-shirts will be available for pick-up on this date!
Mountain State Centers for Independent Living, 821 Fourth Avenue, Huntington or 329 Prince Street, Beckley.



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Sponsor / Individual / Team Information Form (due no later than June 28, 2010)

Team captains - complete one information form for each Team. Fax to Joyce in Huntington at: 304-525-3360 or Cindy in Beckley at: 304-255-0157 no later than June 28, 2010.

Team name: _____

Address: _____

City: _____ State: _____ Zip: _____

Team captain's name: _____

Team captain's phone number: _____

Team caption's e-mail: _____ @ _____

T-shirt sizes: one for each team member. **ALL TEAM MEMBERS MUST MAKE A MINIMUM \$25.00 DONATION IN ORDER TO RECEIVE A T-SHIRT.**

Adult size (total for each size):

Sm: _____ Med: _____ Large: _____ XL: _____ XXL: _____ XXXL: _____

Child size: (total for each size): Sm: _____ Med: _____ Large: _____

T—Shirt Registration Day:

All team registration forms, pledge sheets and monies to be dropped off at Mountain State Centers for Independent Living, 821 Fourth Avenue, Huntington or 329 Prince Street, Beckley, on **Tuesday, July 13, 2010** between 1 and 6:30 p.m.

On T-Shirt Distribution Day you will receive your team's tee shirts based on pre-registration Team Roster Form received on **June 28**. *Review Team Captain Commitment form for details.*

Questions? Contact Joyce in Huntington at 304-525-3324 (jsnyder@mtstcil.org) or Cindy in Beckley at 304-255-0122 (beckley@mtstcil.org) or Lynn in Huntington at 304-528-5700 (literacy@cabell.lib.wv.us)

Mountain State Centers for Independent Living
821 Fourth Avenue
Huntington, WV 25701
304-525-3324

Tri-State Literacy Council
455 Ninth Street Plaza
Huntington, WV 25701



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T-Shirt Distribution Day

Tuesday, July 13, 2010

MTSTCIL Team Captain Contact:

Joyce Snyder in Huntington at 304-525-3324 (jsnyder@mtstcil.org)
Cindy Hungate in Beckley at 304-255-0122 (beckley@mtstcil.org)

Tri-State Literacy Council Team Captain Contact:

Lynn Ormiston at 304-528-5700 (literacy@cabell.lib.wv.us)

Prepare for T-Shirt Distribution Day

- Gather pledge sheets and donated monies from each team member
- Have one envelope for each team member pledge sheet
- Attach envelope to its pledge sheet
- Be sure total amount on pledge sheet matches money in envelope

Note: Money can still be raised and collected through the day of the Walk in order to earn additional money towards the awards.

On T-Shirt Distribution Day

On T-Shirt Distribution Day the Team Caption will:

- Go to Mountain State Centers for Independent Living office at 821 Fourth Avenue, Huntington or 329 Prince Street, Beckley between 1 and 6:30 p.m.
- Bring team members' pledge sheets and monies. *Please use one envelope for each team member and attach the envelope to the team member's pledge sheet.*
- Pick up your Team Package, which will include team member t-shirts.



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Team Roster

Team Name: _____

Team Captain: _____

	Team Member Name	T-shirt size	Pledge Total
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
	Total Pledges		

T-shirt sizes:

Adult – Small, Medium, Large, XLarge, XXLarge, XXXLarge

Child – Small, Medium, Large

Mountain State Centers for Independent Living
821 Fourth Avenue
Huntington, WV 25701
304-525-3324

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Pledge Form

Team Name: _____

Member Name: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

	Sponsor Name	Address	Email	Collected Pledge
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				

Total collected: _____

Total Sponsors: _____

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Huntington, WV 25701
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Team Captains as Leaders

Inspire your Team!

Set goals:

- How many people do you want to recruit?
- How much money do you want to raise?

*Here's an idea – decide to raise enough money so your team will win the award and recognition for the team raising the most money. The competition was fierce last year, so you may want to start working **now!***

Recruit:

- Ask your friends, your family, your neighbors, your co-workers, your church members – and everyone that you know to join you in the Walk.

If they say no – ask them to make a donation. Every little bit counts!

Tell your story:

- Do you have a friend, family member, neighbor who has a disability? Do you have a friend, family member or neighbor who learned to read thanks to the tutors at TLSC? When you are recruiting and fundraising, be sure and tell people why you Walk.

Learn more – suggest that people visit the Walk information on the Mountain State Web site (www.mtstcil.org/walk) to learn more about TSLC, MTSTCIL and why we Walk!

Support your team members:

- Provide your team members with the tools that they need (pledge sheets, etc.)
- Keep in touch with your team and support their efforts
- Encourage your team to recruit other team members and make sure these team members also receive pledge sheets, etc.
- Encourage and inspire your team

Do you have a really good story about your team or one of your team members? Tell us about it and we will share it with other teams – and you might even read it on the Web site or in the newspaper!